

November 2025

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The mission of the American **Business Women's Association** is to bring together business women of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.



What's **Trending**



Trendsetter Chapter American Business Women's Association mailing address 77760 Country Club Drive, Suite I Palm Desert, CA 92211

President's Message

By Dominique Fruchtman, President, ABWA Trendsetter Chapter

Happy November, Trendsetters! Or should I say Thanksgiving-Dinner-Tablesetters?

After all those triple-digit days, it's finally the time when we trade flip-flops for fuzzy socks, pumpkin spice shows up uninvited, and those "I'll get to it after the holidays" tasks start piling up. As your fearless chapter president, I'm here to encourage, connect, and semi-seriously remind you that this is no time to slow down. It's time to lean in.

What's Happening at ABWA National

Our mothership, American Business Women's Association **National**, continues to live up to its mission: "Changing women's lives... one woman at a time." Visit abwa.org

This month's big event is the 2025 National Women's Leadership Conference, happening November 12-15 in Portland, Maine. We're so happy that several of our seasoned members will be representing us there. It's the perfect blend of education, inspiration, and lots of networking—with a side of lobster rolls and briny sea breeze.

Why November Matters

December gets all the sparkle. But November is the unsung hero. It's the time to reflect on what we've accomplished this year and plot what's next.

It's when we **hunker down** on relationships: clients, members, collaborators, friends.

It's cozy enough to dream big (preferably while wrapped in a scarf and sipping fireplace beverages).

Best of all, it's still before the full chaos of holiday-everything takes

Our Trendsetter Chapter

Our next meeting is on Tuesday, October 21. Bring your holiday-season offer or year-end connection idea to share. Let's help each other finish strong. Finally, think about one woman you know who would thrive in our circle. Invite her! Let's grow this powerful network one bold woman at a time.

A Forward-Thinking Challenge

While everyone else slides into "let's just survive until December," let's challenge each other to thrive instead.

Pick one skill to focus on before January.

Reconnect with someone you haven't spoken to lately—for coffee, Zoom, or a quick check-in.

Give your business a winter tune-up: refresh your website, audit your LinkedIn, sharpen your story.

When the new year hits, we, the prepared, will sprint ahead.



NOVEMBER

11/11 - Veteran's Day 11/11 - Trendsetter Board Meeting 11/18 - Chapter Program/Dinner Meeting 11/27 - Thanksgiving Day

DECEMBER

Board Meeting date to be determined No Chapter Meeting 12/16- Holiday in the Deert Annual Fundraiser Palm Valley Country Club

JANUARY

Mid-Year Planning Session (date to be determined)

FEBRUARY

2/28/26 - Quartermania



November 7 - George Dirk November 18 - Pudge Erskine



Members who are celebrating their ABWA membership anniversary in the month of November

> Vanessa Evans (1year) Pudge Erskine (5 years) Gabe Tinajero (1 year) Connor Spearman (1year)





2025-26 TRENDSETTER BOARD

President .. Dominique Fruchtman Vice President .. Lola Andrews Recording Secretary .. Terri Cox Treasurer .. Melissa McCaughey Correspondence Secretary Karen Oliver

Immediate Past President Natalie Angrisani

COMMITTEE CHAIRS

Education

Sharon Smith

Fundraising Edwina Dirk

Membership

Professional Development

Dominique Fruchtman Joyce Godier, Bev Licata

Newsletter Editor
Natalie Angrisani

Chapter Advisor
Karen Oliver

OUR TRENDSETTER CHAPTER VISION STATEMENT

Our Vision is to be the leading organization in Southern California for connecting people through networking, education, leadership and recognition. We will strive to understand and to satisfy the needs of our members, both women and men, and make it a priority to recognize our members achievements, to celebrate our member and chapter successes and also to provide professional development opportunities.

We promise to support one another with professionalism and friendship; and have fun in the process.

Quartermania - October 4, 2025

It was a great afternoon with our members, family, friends, and Quartermania groupies. In addition to the verry happy Quartermania winners, there were raffle prizes with winners of items from the Quartermania vendors and us. Attendees also did some holiday shopping and EVERYONE had fun, fun, fun.

Mark your calendar for the next Quartermania on February 28, 2026. (location to be announced)















2025 Winter YumRaiser

It's the time of year when gift giving (especially sweets) is a popular way to send good wishes and share in the spirit of the season.

With your help we can meet our fundraising goals and continue our educational programs and scholarships for women in the Coachella and Imperial Valleys.

For the complete selection, copy and paste this link in your browser: https://bit.ly/2025-Sweet-Holidays



all orders include tax and shipping* must be placed by December 5 and will be delivered directly to you or to your recipient.

*Shipping: \$7.95 (for orders up to \$39.99) \$5.95 (for orders from \$40.00-\$69.99) Shipping is free for orders \$70.00 and over

Share this order link https://bit.ly/2025-Sweet-Holidays

with your family, friends, associates and social media contacts.

Enjoy the 2025 Holiday Season

and take advantage of this easy way to check names off your gift-giving list.

Thank You For your "Sweet Support"

ABWA Trendsetter Chapter

ABWA is a non-profit organization under IRS Code 501(c)6 I.D. #33-0365298





Our November Chapter program

Health and Wellness guest speaker **Debbie Rapo**

Board-Certified Health & Wellness Coach Creator of the Soul Inflammation™ MethodSM



Hi, I'm Debbie, someone who knows what it's like to feel inflamed, exhausted, and out of sync. I help women feel energized, clear, and strong in their bodies by addressing health at the physical, emotional, and identity level.

After navigating autoimmune symptoms and burnout, I realized that feeling better had to go deeper than just food or exercise. Real wellness isn't only physical, it's also emotional and behavioral. That's why I created the Soul Inflammation Method™ a framework that supports your body, reshapes your daily habits, and helps you feel clear, steady, and strong again.

I work with women who are ready to feel like themselves, without the fake quick fixes or one-sizefits-all plans. No shame. No overwhelm. Just compassionate, personalized support that's rooted in science and designed for real life.

Let's walk this path together.





November 18, 2025 Palm Valley Country Club 39205 Palm Valley Drive (in the club house) **Palm Desert**

> Networking 5:30 pm Program 6:00 pm

Bring your business cards and marketing materials to share

Member's fee 40.00 p.p. Non-member fee 45.00 p.p.

RSVP Requested

RSVP to: info@palmdesertabwa.org

note: A Reservation Made Is A Reservation Paid

The Trendsetter Chapter of the **American Business Women's** Association ("ABWA") is open to all who are looking for a place to meet and network. We meet the 3rd Tuesday of the month.



AMERICAN BUSINESS WOMEN'S ASSOCIATION

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through lesdership, education, networking support, and national recognition.

MEMBER SPOTLIGHT OF THE MONTH

Neil Hirsch

Neil Hirsch is the CEO of On-TheMark (OTM) Indoor Digital Advertising Network, a local veteran-owned business. OTM was started in 2018 in Long Beach CA, with the intent to develop a private TV advertising and marketing network that could

be utilized by small to medium-sized businesses so they could successfully compete against the chain stores and franchises with unlimited resources. OTM presently serves Los Angeles and Orange counties and the Coachella Valley.

Neil hails from New York City, where he was born, raised and educated. Neil received his BS degree from the City College of New York in 1969 and his Medical Doctor degree from New York Medical College in 1973. He is retired from general medical practice and had been an ophthalmic surgeon for many years. He was commissioned as a Lt. Commander in the U.S. Public Health Service from 1973-1976 Neil owned a hearing aid manufacturing company for 6 years. Most recently, prior to starting OTM 8 years ago, Neil worked as a staff physician for the State of California Department of Corrections and Rehabilitation.

Neil and his wife, Dr. Norma, a practicing psychologist, live in La Quinta with their standard poodle Fifi Marie, a rambunctious 5 year old with a PhD in Canine Sciences from the Sorbonne.





FiFi





Natalie Angrisani

Since December 2014, I've been a resident of the Coachella Valley and I do enjoy the desert (even the heat).

I've had experience in a variety of industries that include: Recording; Film;

Retail; Consulting; Independent Living Centers, Non-Profits; Marketing, and Promotions.

I am particularly proud of working with the committee that established the guidelines for copyright legislation for recording artists. Also, I participated with local leadership on legislative preparation for the enactment of the Americans with Disabilities Act.

As a independent consultant I provided audits and evaluations of businesses, management/ sales teams, entertainment venues, operations, customer services, and fine dining restaurants. Additionally, I've worked to promote the benefits of green technology with Eco-Friendly products. More recently, I've been doing marketing and communications; freelance writing, management, establishing network connections and supporting local businesses in their brand development.

All of which led me to understand the value and importance of being involved in community and building relationships; and as a result I have:

- Served as a board member of the Desert Sands Educational Foundation.
- I'm on the Coachella Valley Committee of The Unforgettables Foundation.
- I have been a member of our local Chambers of Commerce and served as Ambassador for both the Palm Desert and Greater Coachella Valley Chambers of Commerce.
- I am currently the club President and the newsletter editor for Soroptimist International of Palm Desert.

There are times you will find me in an alley chasing the perfect game (as a Left-Handed Bowler). Other times, I'm a student of art and painting. The best facts to know about me are: I love my family, I love coffee, I love writing and I am loyal to my friends. I am a life-long student and I am most proud of the fact that I do know that I do not know everything and I still have much to learn.

I joined ABWA in July 2016.



We Appreciate Our Chapter's Sponsors





Your business card could be here. For more information contact our editor at 818-501-8350





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When you order from our See's Candies fundraisier (see page 4), those funds will help support the SBMEF Scholarships that we will present.

SET OF CORE VALUES FOR ABWA

Our core values are the foundation on which the American Business Women's Association (ABWA) was founded on in 1949. They are reflective of the ABWA culture and have been integral to creating an enduring and supportive community for generations of women in the workplace.

- 1. Selfless Leadership
- 2. Building Community
- 3. Value and Seek Diversity
- 4. Manage for Innovation and Excellence
- 5. Lifelong Learning
- 6. Focus on Facts and Own the Results
- 7. Choose to Make A Difference
- 8. Celebrate

ABWA PROUD CODE OF CONDUCT

The Proud Code of Conduct was developed as a means of guiding all members in making ethical decisions. The broad states of the code of conduct that are listed below are not expected to cover all conduct for all situations. This is why the Proud Code of Conduct was created as a living and fluid code.

As an ABWA member, I will serve as a goodwill Ambassador for the American Business Women's Association.

As an ABWA member, I will adhere to the Association's Bylaws and comply with the Associations Brand Guidelines.

As an ABWA member, I will not use my personal power or influence to advance my own interests.

As an ABWA member, I will not allow my personal beliefs or convictions to alienate other members, prospective members, and sponsors at any level of the ABWA organization (local, regional or national).

As an ABWA member, I will always treat member colleagues, the ABWA National Team, guests, speakers, vendors and sponsors with dignity and respect.



Trendsetter Chapter Officers

Dominique Fruchtman President

> Lola Andrews Vice-President

Terri Cox Recording Secretary

Karen Oliver Correspondence Secretary

> Melissa McCaughey Treasurer

Visit our Chapter website: palmdesertabwa.org

Like us on Facebook at: facebook.com/ABWAPalmDesert

Follow ABWA on Twitter: twitter.com/ABWAHQ

Connect with ABWA on LinkedIn: www.linkedin.com/company/americanbusiness-womens-association/